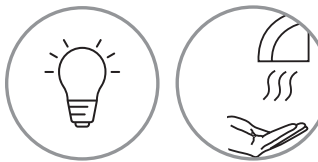


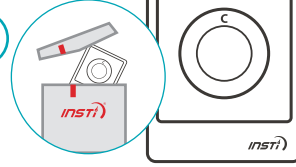


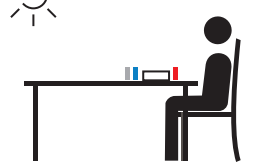
INSTI HIV Self Test


How to use and interpret the results

PREPARATION

- 

1 Use a well lit area.
Wash and dry hands.
- 

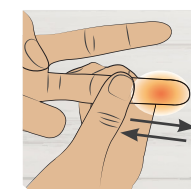
2 Open membrane unit pouch.
- 

3 Place membrane unit
on a flat surface.
- 

4 Remove cap of Bottle 1. Place
on flat surface.
**WARNING: Bottle 1 contains liquid.
Handle with care.**

STEP 1 COLLECT BLOOD

- 

1 Twist and pull the blue tip out of the lancet and place aside.
 - 

2 Rub finger **UNTIL WARM**.
 - 


3 Secure finger firmly on hard surface and press lancet on the **side** of the fingertip.
 - 

4 Rub finger to create a **LARGE** drop of blood.
 - 

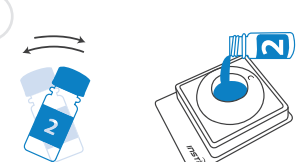
5 Let **1 full (a pea-size) drop** fall into Bottle 1.
Twist on cap of Bottle 1.
 - 

6 Apply adhesive bandage.
- ⚠️ ENSURE THAT A FULL, PEA-SIZE DROP OF BLOOD IS PRODUCED (SEE STEP 5) TO AVOID AN INVALID RESULT.**
- ⚠️ DO NOT DRIBBLE, SCRAPE AND/OR SPILL. STOP THE TEST IMMEDIATELY IF BLOOD IS ADDED TO BOTTLE 2.**

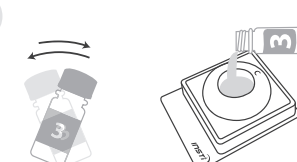
STEP 2 TEST

- 

1 **SHAKE 4 TIMES** **POUR ALL**

Shake and pour all liquid.
Wait until liquid disappears.
 - 

2 **SHAKE 4 TIMES** **POUR ALL**

Shake and pour all liquid.
Wait until liquid disappears.
 - 

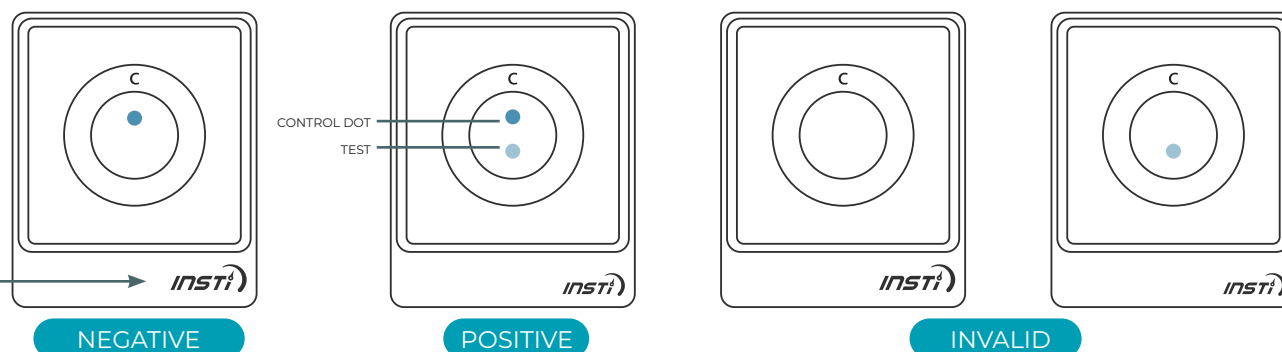
3 **SHAKE 4 TIMES** **POUR ALL**

Shake and pour all liquid.
Wait until liquid disappears.
- ⚠️ IMMEDIATELY POUR THE SAMPLE ON THE MEMBRANE AFTER ADDING BLOOD TO BOTTLE 1 AND SHAKING. DELAYS LONGER THAN 10 MINUTES COULD RESULT IN A FALSE POSITIVE RESULT.**
- TIP: Gently tap Bottle 2 to pour liquid.**

STEP 3 READ RESULT

Read result right away to **within 1 hour**.

Always read results with INSTI® logo facing you



⚠️ ONE DOT MAY BE LIGHTER THAN THE OTHER.

Not for users:

• Below the age of 18 • Taking Anti-retroviral Treatment (ART) • Who have participated in a HIV vaccine study • With a bleeding disorder • Afraid of needles